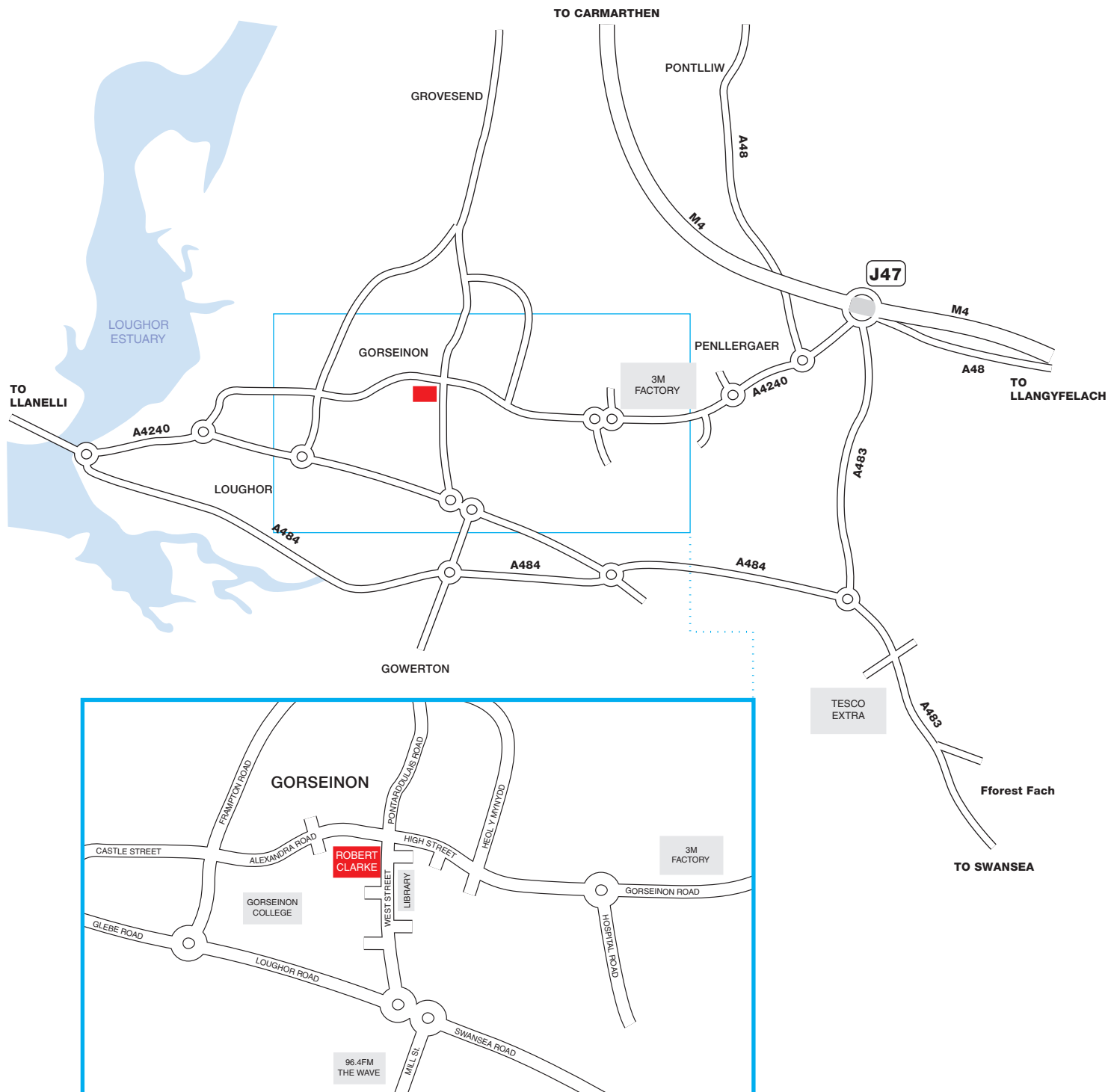


# how to find me



Exit Junction 47 onto the A4240, follow signs for Gorseinon.

At the first roundabout go straight ahead (taking the second exit), and continue along for approximately 500 metres.

At the first mini-roundabout go straight ahead. Follow this road for another 500 metres.

Immediately after the 3M factory, you will approach 2 mini-roundabouts, go straight ahead on both mini roundabouts (warning: these 2 mini-roundabouts are within 20 metres of eachother).

Follow the road for approximately 1 mile, travelling through Gorseinon Town Centre. At the crossroads with traffic lights turn left into West Street.

The Gymnasium is located Immediately on the right hand side of the road, adjacent to Gorseinon Park and Bus station.

**Robert Clarke Personal Trainer**

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